

JOIN THE PINK RIBBON RUN!

Make your workout work for breast cancer.

Your fitness facility has joined CYBEX to help
to find a cure for breast cancer in our lifetime.



RIBBON CUTTING CEREMONY
For new CYBEX Pink Treadmill

Thursday, October 1st
10:00 a.m.
Wesson Memorial Wellness Center



Help us rack
up the miles!

Our goal is to have someone
walking on this treadmill at
all times the YMCA is open.

Sign-up sheets are available
to reserve the times you
want to walk.

So walk for yourself.
Walk for someone else.
Make your workout count.

For more information,
call YMCA Member Services
at 228.875.5050.



Breast Cancer Awareness Month
During October 2009, 10¢/mile* logged on the pink treadmill will be
donated by CYBEX to The Breast Cancer Research Foundation.

The Breast Cancer Research Foundation is dedicated to preventing breast
cancer and finding a cure in our lifetime by funding clinical and translational
research worldwide. For more information about BCRF, visit www.bcrfcure.org

*US\$¢ per km

CYBEX®

BLOSSMAN FAMILY YMCA • www.msgulfcoast-ymca.org
BLOSSMAN FAMILY YMCA 1810 Government Street, Ocean Springs, MS 39564 • 228.875.5050